WORDS OF A MAGPIE

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Written & Illustrated by Annie Rich Thompson



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Walnut Street Publishing 1645 S Holtzclaw Ave Chattanooga, TN 37404 For my Grandmothers Who gently taught me To find myself

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You may call me a magpie I'm just glad I have so many stories To sing about

Even though some of them are sad

"Mama, What's a Magpie?"

Part I:

Walking with Wildflowers



If I were a flower
I think I'd be a dandelion
Yes.
I would be tall
But small
With my face to the morning sun
When the sun gets too bright
I would close my petals up
To protect myself

I would have little seeds that blow Like love notes through the breeze And hopefully float somewhere Where someone needs The smile of a dandelion

Some people might call me a weed But I know that I'm a flower And I don't need them to know it

I wouldn't mind living next to a tree
Or a smooth stone
Befriend bees
And wave and dance in the wind

I wouldn't mind it... no. I think I wouldn't mind it. I think if I was a flower I'd be a dandelion

"In Another Life, I'm a Dandelion"



When I think I'm no-one's cup of tea I think of dandelions The way mankind has vilified The little yellow flowers

I think how wonderful their leaves
Taste on a summer salad
How beautiful the yellow is
When the flowers dye my fabric

We work so hard to hate the weed The dandelion flower Yet so many wishes rely upon It's tiny, fuzzy power

So if you feel unwanted Call upon the dandelions Despite the way they're chased away They always come back stronger

Call me Dandelion, Darling For dandelion wine is sweet I'll let them teach me how to dance In the spring and summer breeze Dandelions stand their ground Even if they are not wanted I make myself a flower crown And be the Dandelion Queen

"Lady of the Dandelions"

Oh, to wander Until I am lost Among the daffodils

Like the moth
I will grow
Maybe this dark season
Is just a cocoon

I never see insects worry
They know their job
They do it
Ants often look concerned
When they lose their way,
I suppose.
I understand ants.

Being myself feels raw
And naked these days
It will take work
To peel back these costumes
I've made
Which one is me?
While I ponder

I think I will wander Among the daffodils

"Cocoon"

Is it rain
Or a watering can
Reminding you
To take care of yourself

Why do we get sad when it rains It's the garden's Favorite part Of the day

"Self Care for a Flower"

I'm just a flower Growing in rocky soil

With a little water and sunshine I'll turn out alright

Don't compare yourself to the ones Growing in a garden

"It's Okay to Grow Here"



Do wildflowers sleep When the moon comes out?

Do they sit quietly all day And accept that they are called weeds

> At night, do they dance In the moonlight

> > Like the flowers They are

"The Dance of the Wildflowers"



We water each other's gardens
And sometimes brambles climb
But she gently untangles
all my flowers
And lets me take my thyme

Sometimes when I
can't find the light
She sings to me so I'll still grow
And sits and holds my wilting leaves
Together we gather seeds to sow

Sometimes I help her stand I tie a stick to growing stems And she always finds a way To grow and thrive again

Stretching tall, we do know We don't have to grow alone We may be different flowers But each have beauty of our own

"My Friends are Like Flowers"

I wonder if I'm the only human that some flowers ever see.
Did they witness me dancing?
Or crying by the creek?
Do they think humans are joyful?
Or sorrowful and bleak...
Or maybe do they think I am resilient at least?

Were they the flowers that I spoke to On the trail when I went in To the woods to find myself Before I came back out again

> Was it the only conversation That they have ever had Those little blooming flowers That grew along my path

Are you the only human
That some flowers have ever seen?
Did you speak to them with kindness
Did you tell them anything?
The fleeting witnesses of summer
walks

I take through the dappled wood I wonder if they heard my thoughts I'd like to think they could

"Wildflower Witness"

I hope you find some peace Between the pages of a book And notice all the little things And take the time to look

Like dandelions waving And the smallest little bee And moss that feels like carpet Tiny mushrooms that you see

I hope you stop to wonder And I hope you stop to breathe The greatest magic that we have Is waiting just within our reach

"Little Wonders"



I know I'm strong But sometimes

I wish I didn't have to work so hard To push through pavement

To bloom

"Parking Lot"

I wish I could turn memories upside down And hang them on a windowsill

The way I dry flowers So I don't have to let them go

"I don't want to forget anything about you"

Some people are flowers You see Not literally

But
My Grandmomma
Lives on in the African violets on my
window shelf
The Irises my cousin replanted in her
garden
The roses she taught me to prune
And the azaleas she loved so dearly

The really beautiful people
Don't just live
They bloom
And because of them
We bloom, too

"Margie"



Part II: Under the Trees



The forest feels like home
With beds of leaves
For resting
Carpets of moss
For quiet walks
With bare feet

A roof of branches Beckons me To tuck away From soft rain

The only thing I need
Is the bird songs
And the best conversation
Is the one I overhear
From them
And the squirrels

I think certainly
The forest feels like home
And we should go home
More often

"My Soul Lives Here"

I lay in the loam As I pondered my flaws I slept with the roots With my skin on the moss

The wind above whispered
To love every inch
Of my bare human body
My freckles, my ribs

My spine like a fern My doe-colored eyes My curves like the rivers My height like a pine

I lay and I listened Near the cold forest spring As the forest she whispered "You lovely wild thing"

"My Bones Rest"



I go into the forest With my grief in my heart And let the trees lift it from me At least in part

I pour it into flower cups And lay it on the grass And let the moss absorb it As the time will slowly pass

The leaves quietly whisper
For me to feel my pain
And let it pour into the earth
Like water after rain

Don't carry more of it than you must When grief makes you unsteady The trees have roots that run so deep To help you carry what is heavy

"My Therapist is a Tree"

Sometimes she wished She could be just like them With towering branches And soft leaves and stems

They swayed in the storms
Danced in the rain
Their roots ran so deep
And anchored their pain

Their arms stretching far And home to so many Some flowering bright Some stoic and heavy

She learned from the trees
To slow and to watch
To heal over time
Like scars on the bark

So she took what she learned And watered her roots Stood firm in the storms And she started to bloom

"Watering My Own Roots"

I am overcome When I think of the strength Of Women

Like Willows
They grow
With outstretched arms
Sheltering those
Who seek refuge beneath their
branches

Like willows The women Require water Love And Sunlight To grow

Like Willows
Each is rare
And storms may bend them
But rarely do they break

And when they do Buds form

And still They survive

Do you know the way that women carry the world?
In wombs and hearts and minds?
Like willows
Rooting the soil and providing a foundation for you to stand on
And a way to climb

She is a tall and beautiful relic
But the world so often treats her as a
weed
Who in your life is a willow
Or are you yourself a seed?

Grow, little willow
Like the ones who came before
I am overcome
when I think of the strength of
women
Like willows

"Willow Woman"

And slowly I began to grow into myself The way a tree gradually returns to herself After a long winter

"People Have Seasons, Too"

I wandered the forest On paths of red leaves As twilight was falling And talked to the trees

I stopped at the biggest And oldest that stood To ask them advice As a young woman should

I arrived in a clearing Where the cherry tree stretched Up towards the dim sky And I sat down and wept

She listened in quiet
As rain fell to earth
Her broken branches proof
She understands hurt

As the small raindrops fell And night embraced day the towering trees Took some pain away

"Cherry Tree Funeral"

Do the trees grow jealous as we run past That they are still And we are not

Or do they smile
As they know having deep roots
And stillness
Is good for the soul

Do they laugh With gentle rustles of leaves As we hurry past

Do they stretch out their limbs, growing strong and tall To show us That being planted And growing through rock Makes them strong

I smile at the trees as I run past Wondering Do they wish they could run too

Or should I try To be more like the trees

"What the Trees Teach Us"

They said when I grew up I'd stop running through woods I'd put on my shoes And I'd stop reading books

"You just won't have time"
"You'll see what its like"
But today I went walking
In bare feet for a time

I listened to the wind As it rustles the leaves And I sat on a log And talked to the trees

I read from a book About imaginary things And I let down my hair As the little birds sing

My heart's much more heavy Than when I was small But their words never silenced The forest's sweet call If I didn't still run
Through the woods and the creeks
I think I'd have broken
From all that I've seen

But I go into the wild With bare feet and book And the forest returns something The world though that it took

"Sanctuary"

I watched each morning
As the trees
Slowly
Stepped out of their sunset gowns
The colors of fire - red and yellow
Letting them slip to the ground
Until they were bare

Reaching towards the sky
With naked branches
For the early autumn light
As it stretches from the mountain
ridge
And kisses the tallest tree tops first
Warming the fall and winter trunks
With golden rays

Only the mountain sunrise Shimmers like that

Don't worry for the trees As they stand undressed They know each winter season They must let old things go

Their roots run deep Letting them Rest And ready For the time when they will grow

"Sunset Gowns"

Everything I ever loved Leaves footprints on my heart

Like rabbit prints Under slumbering trees In the fresh fallen snow

"Missouri Snow"



I didn't think about how The Mountains are in my blood

Does my body know, do you think? Is that why it feels like coming home?

"I'm Home Again"

High above the oceans
Peaks rise from valleys green
In the west there is a citadel
Grown of rock and clothed in trees

Should your soul grow tired or weary
Or the broken need respite
Drive deep into the mountains
Where the rivers run with light

Where the fish swim cold
And beavers live
And moose and mule deer climb
Come lay your head
On hallowed ground
And sleep beneath starlight

Fish for your meals
Walk long and far
And look out across the meadows
Allow the streams and rivers there
To wash and heal your spirit

"The Valley that Raised Me"

Part III: Crossing the Stream



Each visit to a mountain creek Washes darkness away easily It makes sense The water raised me

Tennessee cold water Over tiny toes As I played in the streams Near my first home

Each place I've lived since I found the water I feel I must be The river's daughter

"River's Daughter"

Rivers run in curves around me Lines around my back and body I have curves Like rivers And like them I am powerful

"Like Rivers"

I return to rivers

In every chapter of life Somehow I find them They find me Flowing

They pull me back to myself Every time

"Keep moving"
She says
"Keep flowing"
She says

"Cut your path out of the rock" She says

> Every Chapter There was water Waiting for me Pulling me back Into myself

> > "Find Me by the Water"

I've never been good at stepping gently into things Testing the water

I have always jumped in, run across, spraying droplets everywhere Some people don't like to be splashed

But many have seen my joy, and come to join me

"Don' Forget to Jump In"

In a storm a stream grows stronger Rushing over river banks I understand the overflowing There's only so much she can take

Some days my feelings spill all over Flooding through my pens and paints But in a storm so does a river Filled with too much when it rains

"Overflowing"

"You will find a way"
I read it somewhere
Maybe on a bus stop post scribbled in
faded sharpie
Or on some page folded in the
internet
I smiled, I will find a way

I thought for so long finding my way
meant running through obstacles,
leaping over adversity
If I just keep going if I just fight hard
enough, I'll get there
I'll get there
I'll get there

I didn't realize that maybe
Finding my way
Involves slowing
Sitting by the stream
Laying by the log
Before slowly creeping over it

You don't catch the cold morning air by grasping at it

You catch it By breathing it in

Maybe the way I'm meant to find Is found after much quiet reflection Slowing and learning Growth like an old oak Rather than a clambering weed Reaching for light with eager leaves

I am finding my way
Now that I have stopped to read the
trail signs
Now that I have stopped to listen
To the way the river runs
I thought I had to run like the river
But even she is steady

I am finding my way Now that I have slowed To find it

"River Reflections"

Part IV: Into to the Ocean



Do you think God crafted us from the ocean?
Did they pour the water in our blood from the sea?
If not, then why do I always hear it?
-The ocean, calling to me

"Salty Blood"

I counted the seasons Of young adulthood By the golds or greens Of the marsh grass

"Island Girl"

Sand Counts time With tides And hourglasses

Does it remember The boys I kissed By the dunes?

Does it remember
The pain it washed away
Time
And time again
As the waves beat the shore
I stood upon?

Does it remember
Or merely count
The times
With tides
And hourglasses

"Sandy Kisses"

I thought it was either or, back then Intimidating Or Beautiful

But sharks are both

"It's Ok to Be Both"

I came to the ocean And asked her why it is Life can be so unrelenting Why it hurts sometimes to live

She says - "Do you not see the way I crash

Onto beach, against the sky?
The storms that rage
The salty tears
I never cease to cry?

My daughter, you will have your storms
Your raging and your death
But like the ocean water child
You will also come to rest

You cannot have the lovely ocean Without the raging of the seas So accept the storms and cycles That will always have to be"

"The Ocean Taught Me"

We try to decide How our lives will go I wonder if the ocean laughs That we think we know

She knows the rules
The law of tides
The push and pull
All life abides

Next time you fight
To control your way
Think of the sea
And what she would say

"Salty Advice"

And I really just dream of being like her Beautiful, beloved, and terrifying

"Let Me Be Like the Sea"

I can't be your emotional harbor
Too many of these ships turned into
house boats
Sinking beneath my waves
And dragging me down with them

But I can be a lighthouse A passage through the storm To see you through As you carry us to smoother waters

Put up your sails
This is no place for giving up
Dropped canvas like ghosts
Let's pull them up together and sail
you out to sea

"Put Your Life Jacket on First"

What is forever?
The distance the ocean stretches from sands
Farther than I can reach
The length of a river that one day meets beach
The time a cloud floats

The time a cloud floats
Longer than I can see
They eventually end
But I think what I mean is

Is it not forever How long our love lasts Because it's how long we know it Before our lives pass

Just because something is not forever Doesn't mean it wasn't to me Like rings on our finger Or rings of a tree

> They may have forever of varying lengths But we have our forever And forevers form links

And across our forevers A story unfolds A chain that's unbreakable A chain strong and old

"Our Little Forever"

Part V:

To Listen to Songs of a Magpie



I feel comforted Just to have a pen and paper In my hand

Sometimes I never write anything down
Like the possibility
Is enough

The safe space Within the four sides Of the page in front of me

My voice - physically represented
By my pen
No question
That it exists

"My Soul Speaks on Paper"

It took me 28 years to learn the word
"no"
I was taught words when I was an
infant
But learned to use my voice much
later
Putting my needs first seemed like
betrayal

Silence is not a virtue So why is that a saying?

Do they teach it to boys, too?

"Stop Apologizing"

Do other women feel it too The wave of anger at a penny drop Because it falls and breaks the cage I've so carefully build around my rage

That builds in 18 cent shards Growing to a knife slicing through my heart

I ignore it like a splinter
Until the last stone is thrown
"You should smile. do you want kids?
You should spend more time at
home"

It's the niceties that cut the deepest
Dripping with patriarchal glaze
Comments about my choices hidden
behind smiles
And helpful prayers that I'll learn my
place

But you'll act surprised when I fight back Each expectation I break, a new spidering crack in the mirror you insist
I must reflect submission and
obedience
But I dance in the slivers as I shatter
the mold
For all the women who can't
Who feel it too
As I dance I smile - unless a man tells
me to

"When I Speak Up"

Starry eyes and sparkles
She was here and gone too soon
Still some say they missed the way
she lit up every room

They were often takers
She gave so much she emptied out
The world replaced her starry eyes
With dark moon dust and doubt

It's hard to forget someone who gave us

So much to remember I don't recall just when she died Summer or cold December

All I know now is she is gone And I am what remains A woman grown who left behind The girl with so much pain

I couldn't save her and survive I had to let her go She spread her stars too far and wide She was too young to know I still recall her,
Many do
Before the stars all died
So now I work to light these sparks
That I can keep inside

"Grow Up and Light a Fire"

I found myself pondering What I would say If my child becomes a girl And faces the world one day

If it tries to quiet her Or take her voice away If it tells her to sit still Here is what I would say

"You only have so long
For your light to burn on earth.
A hundred years at most
So decide what it is worth.

When they say to be quiet Say they don't own your voice When they say to be still Say it isn't their choice

If they say what you'll wear Say this isn't your body When they laugh at your dreams Keep pursuing your hobbies My darling just listen
To the voice in your heart
Don't let darkness here on earth
Tear you apart

Just keep your light shining And listen to your heart Feel God in the forest And do your small part

To be your true self And owe no one a thing Except kindness when needed Without any strings

You get to just live And be who you are Without fixing the world Or healing their scars

When they say to be quiet Raise your chin and say no I hope you're defiant Even more as you grow I won't nurture obedience I won't teach you to lead I just want you to live Any way that you need

You only have a hundred Of these years here on earth I hope you come wild From the moment of birth

"Come Wild"

One thing
I don't know how to prepare for
Is if I have a daughter
How do I teach her to be confident

And strong And careful

And own her body and be unashamed
But know the evil of men
Without scaring her
To be wary of the world
But live life to the fullest

How do I tell her Who she loves is her choice As long as they respect her choices

> How do I teach her That being a woman Is hard

But my favorite thing about myself

How do I teach her

When I am still unlearning The lessons

Taught to me

"A Woman's Dichotomy"

I don't know When I realized They had put me in a box

Built it slowly
Like it was supposed to be there
Disguising it
So I thought
It was a natural part of life

Wallpapered with constraint Carpeted with fine floors to keep the sound in "You are safe if you stay in the box" "We are safe if you stay in the box"

Now, I dismantle it a little each day
A bolt here
A nail there
Some days, I rest
Other days I shatter a window
Or kick down a board

I filled it with flowers And painted murals on the walls

But even the most lovely of cages Is still a cage

And now I know They put us in a box

"Flower Boxes"

"Nobody Cares"
Are my favorite words these days
Say them to myself and remember all
the ways

I was told that God was watching and the boys - and my elders Smile, be nice, and don't you dare expose those shoulders

"The boys will stumble if you wear your shorts above your knees" If that's all it takes for men to fall, I hope they do and break their teeth

"Be a good example, get good grades and don't mess up" It's up to me, a Christian, to fill everybody's cup

If I can be the perfect sister If I can be the tape and glue Oh God everybody's watching What would Jesus do?

Now I know none of it was fair

Asking a child to haul the weight Of churches, men and family I'm glad it's not too late

To return to heal the girl I was To scream and bare my shoulders To get tattoos and run barefoot Despite that I am older

No one cares. And that is freedom
I've come to love this well
Despite the way the world tells little
girls
To be perfect or go to hell

"Nobody Cares"

I have an announcement I have built boundaries Welcome to my world of walls Don't think it's a sad thing

Some of these boundaries Are built of beautiful ivy Or wall flowers I've been watering

Some of these boundaries Still let the light in Or are paper thin They require a gold pen For entry

Others are brick walls
Or winding halls
There's plenty cause
I'm done letting in the ones who take

And

I have an announcement

I have built boundaries
It took years to realize
The free entry through my gates
Was not appreciated
I learned too late

So now
I have an announcement to make
I have built boundaries

"Out to Lunch"

Let yourself out
Do not abide by the boundaries
others built for you
Laugh into adversity
Or run at it
Whatever your soul tells you to do

We are only human
The days pass quickly
And your true self deserves to be
heard
You don't need to belong
To live

The ones you're meant for will find you

Even if you cross the lines drawn for you by the ones who want to keep you small

And if they don't You are better off with yourself than with those who don't understand who you are at all

"Thirty One Years of Lessons"

I miss the days I was just afraid Of monsters in the dark But now I know I'm safe from ghosts But not a broken heart

"The Real Monster Under my Bed"

You don't have to explain Why you feel broken

It doesn't matter what size the pebble was
That shattered the glass

Don't let anyone tell you you shouldn't feel it While you're picking up the pieces

"It's ok to feel it"

Joy is cheap If you've never known grief

I'm so happy for those Who don't know the value Of effortless gladness

The kind of happiness that isn't chased by shadows
Or the feeling that it's fleeting
Little birds that will fly away when the darkness comes

So my joy is priceless
Nuggets of gold
Shimmering in the darkness
Letting light in
Breaking up the natural
Sorrows of life

My joy is not cheap It is intentional I have to remind myself to seek it It doesn't fall in my lap any longer If you see me laughing
When you think I should be grieving
Keep it to yourself
My laughter is precious
It doesn't come as easily
As it did when I was younger

So I trade joys with God With the universe Precious, shining joys Joy isn't cheap If you know grief

"Joy is Cheap"

I realized I hadn't written In the span of several days My muses often silenced By the sadness that does weigh

I think most poets find Strength in writing about sorrow That poems and more words pour out When life causes them to wallow

But grief it seems to grip me Frozen solid like I'm stone The words dry up, the hands won't paint The muses leave my bones

I know my heart would lighten
If I brought myself to make
Any kind of art
But the sun is blocked by ache

So now I write these words To pour a little of the dark

Onto page with ink So there's not so much in my heart

"Fragments"

Hello again, August
Last year you were the hardest I've
fought
To get myself up off the ground
You know, I really thought

Our friendship was done
A setting sun,
the cold of night
My will to fight
Leaving my body and my bones
An empty home
That for a while

But you arrived And they said with time That I would heal I'd be just fine

Tried to carry a child

But August you didn't Lessen my pain As all your days passed With summer rains I felt betrayed But now I know That I had to hold All that sorrow

Till it was spent You saw me through August, I know It wasn't you

That made me feel As though I'd drown One year has passed And now I've found

A peace, of sorts I'm happy you're here I've come so far I've shed my tears

So August,
Let us start again
I'm learning beginnings
Start with ends

"August"

I flew to you like a moth towards the sun But you weren't the sun

You were just a broken street lamp

"You Weren't the Right Light for Me"

It's been twelve years since you cracked my heart open

But now I see you helped me let the light in

"I Should Have Left First"

Sometimes people disappoint us

It is important not to blame them
For failing to fill the mold
We made for them

They are not the key to fit the lock Of our happiness

We have to unlock that door For ourselves

"I'm Sorry I Locked You Out"

I've never been any good
At taking a step
Without a map of where my steps will
lead

What if the step into the unknown
Is over a cliff
Into shark infested waters

Or worst of all What if the next step Doesn't take me anywhere At all

> "But What if It Takes You Somewhere Beautiful"

I didn't expect slowing down To be such hard work I thought that once I did Things would be simpler

> But slow Is a skill

Identifying all of the golds the early morning sun
Paints onto the greens of my backyard
Takes time

Doing one thing
Is daring
Because you have to get to know it
Intimately
Not just the edges
And the parts
That are easy to define

"Maybe Tortoises Can Teach Me"

I couldn't find the sun So I lit up every room

I pulled out lamps And broken candles To push the brightness through

The darkest corners all receded And I turned the lights way up

Rejected every shadowed room And sipped from empty cups

I didn't see the softness or the quiet of the dark That sometimes it's ok if your bright light loses its spark

So I turned out every light I let the candles flicker out And wrapped in blankets in my bed Telling the dark it was allowed

I let the darkness hold me It gently told me I should feel

The grief that I'd been running from So that I could heal

"Broken Candles"

My joy was once like little paper butterflies Thousands of them Fluttering to land anywhere Everywhere

I didn't know they were so fragile Crumpling with each heartbreak Each human mistake That made them fall Just bits of paper, now

I thought I couldn't get it back
But collected all the scraps
And put them in a pile
I didn't touch them for a while
But then

I took them out and taped them Painted browns and greens and blues And built some stronger paper moths Out of tenacity and glue

> My joy is rarer now I try to still be soft

Though sometimes I dream of butterflies My moths, they are enough

"Pretty Paper Moths"



I'd like to take a moment To grieve the words I didn't write The paintings that I never made That will never see the lights

Sometimes they never made it off my head onto a page Because I turned my insecurities into a cage

Why don't I jump at each idea And rush to write them down

Why do I sometimes convince myself no-one would like it anyhow

Moving forward I want to cling to all the words that fill my head And let them out like little birds with words and brush and pen

But I'd like to take a moment

To grieve the art I never made I'll fight harder to let it out Even if I am afraid

"Where Art Goes to Die"

Dear Reader:

My art is little pieces of me Scattered into the world Small gifts Or just there because I needed Not to hold them anymore

Pick one up
If you need it
Look at it
If you like

Some of them are darkness And some are filled with light

"Little Pieces"

A Note from the Author:

I find inspiration in the small and the hidden - the first little wildflower messengers of spring, and the way the trees in the forest teach you when you sit still long enough. I hope you find the magic even in the hard times. I hope you write, or dance, or sing, or paint, even if you don't always feel confident. Even if life is dark. Your voice has meaning, and the world needs your art.

Special thanks to Walnut Street Publishing for encouraging my creative voice and providing a community for artists in the Chattanooga area.